

An Evaluation of PAP Smear, Colposcopy, HPV DNA Testing Inscreeningof Cervical Cancer

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Abstract: The study was conducted in 200 women who were screened with PAP smear and colposcopy out of them randomly selected 70 women underwent HPV DNA testing. In the study group maximum incidence of squamous intraepithelial lesion/invasive cancer was seen in the age group of over 40 years(70.7%).Of the women who underwent colposcopy there were 64(32%) women with abnormal findings, of which 39(60.9%) were found to have premalignant or malignant lesion.Among the women in whom Pap smear was taken 30(15%) women had abnormal cytology and 20 of the 30 (66.7%) women had SIL/CA in their biopsy.In the 70 women for whom HPV DNA testing was done, 41 (58.6%) were HPV positive and 29 (41.4%) were negative.HPV 16 was most common among the women tested positive for HPV.The sensitivity of Pap smear was 48.8% and specificity was 93.7% PPV and NPV was 66.7%and 87.6%.The colposcopy showed a sensitivity of 92.7% and specificity of 83.6 % the PPV and NPV were 59.4% and 97.8% respectively.Colposcopy had a higher sensitivity and PAP smear had a higher specificity.On combining Cytology and HPV DNAtestthe sensitivity was 100% and the specificity was 60.2%. The cotesting of cytology with HPV DNA had 100% negative predictive value.

Keywords: Cervical cancer, Colposcopy, HPV DNA test, Pap smear

I. Introduction

Cancer of uterine cervix is the secondmost common cancer affecting women worldwide. One out of every five women in the world suffering from this disease belongs to India.According to the Indian Council of Medical Research (ICMR), the incidence of cervical cancer in India varies from 20 to 35 / 100,000 women between the age group of 35 years to 64 years[1].

Although cytology screening has resulted in a large reduction in the cervical cancer burden in our country, incidence rates continue to be unabated for want of effective screening programs. More than three-fourths of these patients are diagnosed at advanced stages leading to poor prospects of long-term survival and cure. It is well established that invasive cervical carcinomas develop from pre-existing, slowly progressing intraepithelial dysplastic precursor lesions. The direct precursor to invasive squamous carcinoma is a high-grade squamous intraepithelial lesion (HSIL). The object of screening a woman for cervical cancer is to reduce the incidence and mortality by detecting and treating the pre-cancerous lesions.

One of the prerequisites for effective screening is the availability of a suitable cervical screening test that has adequate sensitivity and specificity for detection of precancerous lesions and that yields reproducible results. Such a test should be cheap, simple, and easy to apply, without side effects or complications, as painless as possible, and socioculturally acceptable.

Following its introduction by Papanicoloau in 1927, exfoliativecervicovaginal cytology has been extensively investigated and used as a screening test for cervical cancer. Regular population based screening using Pap smear cytology is now internationally accepted as a screening method for cervical cancer

A better understanding of the natural history of cervical cancer and also the increasing evidence for the putative role of the Human Papilloma Virus (HPV) on the epithelium of lower genital tract, and genesis of cervical cancer has now prompted investigators to find alternatives to conventional exfoliative cytology. Colposcopy and HPV DNA testing had become an essential tool in diagnosis of premalignant and malignant lesions of cervix.

Introducing cervical screening programs to areas without them previously results in a 60% to 90% reduction in cervical cancer rates within 3 years[2]. Control of cervical cancer in India would have a major global impact as it accounts for a fifth of the world burden of cervical cancer. The magnitude of the problem due to cervical cancer, and the potential for its prevention, makes it imperative to identify a feasible strategy for screening in the Indian settings.

II. AIM

- A. To evaluate the sensitivity and specificity of PAP smear and Colposcopy in screening of premalignant and malignant lesion of cervix.
- B. To evaluate the usefulness of HPV DNA testing in screening for cervical cancer.

III. Materials And Methods

This is a prospective study conducted in the Department of Obstetrics and Gynecology, Government Coimbatore Medical College from May 2015 to June 2016. The study included 200 randomly selected women who attended our gynecology OPD and fulfilled the inclusion criteria.

3.1 Inclusion Criteria:

- a) Women of age 20-70 years attending gynecologyOPD with complaints of persistent vaginal discharge, postcoitalbleeding,intermenstrual or perimenopausal bleeding.
- b) Women with abnormal cervical lesions like cervical hypertrophy, erosion, ulceration, bleeding on touch.

3.2 Exclusion Criteria -

Menstruation,Pregnancy,Postpartum,Already treated for cancer cervix,Age <20 and >70years

3.3 PAP Smear

Patient was counseled and informed consent was obtained. After relevant social, obstetric, gynecologicaland medical history was obtained, clinical examination was done.

With patient in lithotomy and under illumination, Cusco's self-retaining speculum was introduced into the vagina, cervix visualized and Pap smear was taken with anAyre's spatula rotating 360°around thesquamocolumnar junction, cervical cells were collected and fixed on a slide with isopropyl alcohol.

3.4 Colposcopy

With the use of the colposcopy cervix was examined under green filter for abnormal vasculature. 3% acetic acid applied completely and cervix evaluated by meticulous examination of each quadrant of the entire transformation zone. The findings were recorded, followed by application of Lugols iodine findings noted. Colposcopy directed biopsy were taken from abnormal areas with a punch biopsy forceps and sent for HPE.

3.5 Detection of HPV infection and genotyping

Seventy randomly selected women from the study underwent HPV DNA testing by PCR. Cervical scarping were collected using a sterile disposable cervical brush in a sample collection buffer(phosphate buffer saline (PBS): pH 7.4) for detection of HPV DNA by PCR. Detection of HPV infection and genotyping was performed by Polymerase Chain Reaction.HPV kit was purchased from Genei,India.This type –specific polymerase chain reaction (TS –PCR)uses two consensus sequence primer pairs within the E6 and E7ORFs to amplify HPV DNA .The PCR products size varying from 230-270bp are subjected to agarose gel electrophoresis and the HPV genotypes are identified based on the base pairs.

IV. Results

This study included a total of randomly selected 200 symptomatic women. The demographic characteristics of the women, according to their age, age at marriage, duration of married life, age at first child birth, parity are described.

The mean age of the study group was 40.6 years. The distributions of premalignant and malignant disease were highest in the women over the age of 40 yrs. Of the 107 women married between the age of 15-19 years 82(76.6%) were normal 25 (23.4%) had Squamous Intraepithelial Lesion or invasive carcinoma. The analysis showed that the women who had the first sexual contact at the age less than 19 years had higher proportion of malignant and premalignant lesion of cervix (23.4%). The women with the age of marriage over 30 years were only 2 and both were normal.

The analysis proved the higher the parity more the proportion of SIL or invasive cancer. The highest proportions of 44.4% were found among the women with parity >5. There was no SIL in the 4 women who were either nulliparous or with one child.

Among the 200 women the commonest complaint was discharge per vaginumof which 23.5% had SIL or invasive CA. Of the women who presented with postcoital bleeding 62.5% had SIL or invasive carcinoma followed by women with post menopausal bleeding (28.6%).

Of the 200 women screened with PAP smear85% had inflammatory smear, 7% had normal cytology and 15% had abnormal cytology. On correlation with HPE of the women who had inflammatory smear on

cytology 11.5% had SIL/CA. Of the women with ASCUS, LSIL, HSIL in PAP smear 42.9%, 66.7%, 83.3% were found to have SIL /CA respectively.

On colposcopic examination 39.5% of the study group had normal colposcopic appearance, erosion was seen in 22.5%, punctuation and Mosaic pattern was seen in 5.5 and 3.5% respectively. Nine (4.5%) of the 200 women had unsatisfactory colposcopy. On application of acetic acid 64 of the women had abnormal colposcopic finding. Premalignant or malignant lesion were found in 47.8% of women with acetowhite area only, 81.6% women with AW area with punctuation and 100% of women with AW area with mosaic pattern. On application of Lugol's iodine 44 had negativity of which 65.9% had SIL/Invasive cancer.

Of the 200 colposcopy directed biopsy, 79.5% showed features of cervicitis. LSIL and HSIL were found in 13.5% and 5.5% of women respectively. Three women showed evidence of invasive cancer.

On correlation with HPE, 79 women with normal colposcopic appearance, 2.5% had SIL/CA. Among the 45 women with erosion, 2.2% had SIL/CA. Of the 64 women with abnormal colposcopic finding 39 (60.9%) had SIL/CA.

Of the 70 randomly selected women, who underwent HPV DNA testing, 41 tested positive for HPV and 29 tested negative. Among the 11 women with HSIL 10 tested positive for either HPV 16 or 18. Of the 23 women with LSIL, 15 were positive for HPV 16, 4 for HPV 18, 2 for others (HPV 31 & 45). All three women with pre-clinical malignancy were positive for either HPV 16 or 18.

On comparing PAP smear and HPV DNA and correlating with histopathology, 20 women who had both cytology and HPV DNA negative had normal or cervicitis in histopathology. Of the 9 women with abnormal cytology and HPV DNA negative, 6 had normal/inflammatory finding in HPE and 3 had SIL. In women with both test positive 3 had normal HPE and 17 had SIL. Among the women with normal cytology and HPV positive, 17 were found to have SIL and 4 had inflammatory histology.

On combining PAP smear and HPV DNA test and correlating with HPE the sensitivity was 100%, specificity was 60.2%. PPV and NPV were 74% and 100% respectively.

V. Discussion

The highest incidence of carcinoma cervix is reported to be seen among the woman in the age group of 35 to 45 years [3]. In our analysis the age wise distribution of SIL or invasive cancer showed a higher incidence among the women in their 4th or 5th decade. A similar study done by Pontus Naucler et al showed the cervical cancer peaks at around the age of 40 years [4].

Increased incidence of CIN was found among the women who married at a younger age and hence started early coital activity. Of the women married at the age less than 19 years in the study group 25 (23.4%) had SIL where as in women who married over the age of 25 yrs it was 15.4%.

This in all probability appears to be related to the prolonged sexual activity as marriage at an early age is very common in India. It was found in UK by a National study on cervical cancer done by Green et al that the risk of squamous cell carcinoma was strongly related independently to the age at the first intercourse [5]. In our study multiparous women (≥ 3) contribute to the major proportion of cases with SIL. Xavier Bosch et al reported increased risk of SIL with high parity [6]. In a study done by Hildesheim. A et al 42% of HSIL/CA was attributed to multiparity [7]. Green et al noticed that risk of cervical cancer was associated with high parity and the risk increased with early age at the first child birth.

Regarding the complaints most of the women presented with vaginal discharge, of which 25 (23.2%) had SIL. The incidence SIL (62.5%) was highest in women who presented with post coital bleeding which was similar to studies conducted by Shalini et al [8]. The commonest per speculum finding was ectopy of cervix seen in 97 women, of which 27.5% had SIL.

The only screening test which has been universally accepted and has stood the test of time is the Papanicolaou smear test for the early detection of cervical cancer. Modeling of data from South Africa suggests that even screening women just once in their lives, at age 35 could reduce cervical cancer mortality by 26 percent [9].

In our study PAP smear was taken in all women, of whom 30 (15%) had abnormal cytology. False negative rates were 10.5% in whom the disease was undiagnosed. False positive rates were 5% in whom the disease was over diagnosed. The sensitivity of Pap smear in our study was 48.8%, specificity was 93.7%, PPV was 66.7% and NPV was 87.6%. The comparison between our study and other similar studies showed the sensitivity and specificity to be 57.4% and 98.6% by Surendra S Shastri et al, 76% and 97.09% by Ekta Singh et al, 69.2% and 63.7% by katyalsurabi et al, 50% and 78% by Anuradha Khanna et al, 20% and 91.25% by sukpreeth et al. [10, 11, 12, 13, 14]

All women in the study sample underwent colposcopic evaluation, out of the 200 women screened 136 (68%) had normal colposcopic findings, in the remaining 64 women who had abnormal colposcopic finding 24 (37.5%) had LSIL, 11 (17.1%) had HSIL, 3 (4.6%) had invasive carcinoma the remaining 26 (40.6%) were false negatives.

On application of acetic acid 46 women showed aceto white areas without abnormal vascular features, of which 22 (47.8 %) had SIL. 7 women who had aceto white area with mosaic pattern had SIL. 11 women showed punctuations out of which 9 (81.6 %) had SIL. On Application of Lugol’s Iodine 44 women were negative and 29 (65.9 %) had SIL, 71 women were partially positive of which 11 (15.4 %) had SIL.

The sensitivity of colposcopy in our study was 92.7 %, specificity was 83.6 %, PPV was 59.4 % and NPV was 97.8 %. Various other studies showed sensitivity and specificity of colposcopy as 100% and 96.4% by kalyalSurabi et al,93% and 92.6% by Anuradhakhanna et al, 95% and 63.5% bySukhpreeeth Singh et al[12,13,14]

Colposcopy proved helpful in distinguishing the normal cervix from those with high grade lesion and the results are instant. The colposcopy is an excellent means for follow up of patients with abnormal cytology. It reduces the false negative rates. The colposcopy is used not only in the evaluation of cervix, but the lower female genital tract as the whole. The limitation of colposcopy includes the transformation zone may not be visible fully, needs expertise and time consuming.

70 randomly selected women underwent HPV testing. Out of those 41 were tested to be positive (58.6 %), 29 were tested negative. In our study most common was HPV 16 which is in concordance with study by SilviaFranceschietal[15] and the prevalence of HPV 16 in the study group was 38.5% and HPV 18 was 17.1 %.The sensitivity of HPV testing in our study was 91.8 %, Specificity was 78.8 %, PPV was 82.5 % and NPV was 89.9 % in detecting all grades of SIL. The study by Katyalsurabi et al showed sensitivity and specificity of 92.3% and 84%, which is similar to that this study[12]. Whereas studies by Surendra et al and Samuel et al show sensitivity 62% and 73% and specificity of 93.5% and 62% respectively[10,16].

In our study the sensitivity of HPV testing for detecting HSIL and above lesions had a sensitivity of 92.9% and Specificity of 50.8 %.In studies conducted by RengaswamySankarnarayanan et al HPV had a sensitivity of 45.7 – 80.9 % and Specificity of 91.7 – 94.6 %, Ekta Singh et al had a sensitivity of 90.91 % and Specificity of 51.35 %, Samuel Rathinam et al had a sensitivity of 90 % and Specificity of 51% [16]. The wide variation in sensitivity and Specificity may be due to variation in the quality of sample collection and reference standards[18,11,16].

In our study on combining cytology with HPV testing the sensitivity was raised to 100% and Specificity 60.2 % similar results were shown by Ekta Singh et al sensitivity of 100 % and Specificity of 68.1 %, KalyalSurabi et al had sensitivity of 100 % and Specificity of 61.9 %.[11,12]

HPV DNA test can improve the detection rate of HSIL and also reduce the referral rate by safely allowing the HPV negative woman with equivocal cytology or LSIL to be followed up with cytology at normal intervals.

Any women aged 30 years who had a negative test results on both cytology and HPV DNA should be re screened no more frequently than 3 years. The combined use of these modalities has been shown to increase the sensitivity, but also decrease specificity and increase cost. However it has been estimated that the increase in screening interval will offset the cost of this new screening regime [19].

VI. Tables And Figures.

Table.1. Distribution According To Age

AGE	Number	NORMAL		LSIL		HSIL		CA		TOTAL	
		No.	%	No.	%	No.	%	No	%	No.	%
21 – 30	25	23	92	2	8	-	-	-	-	2	8
31 – 40	78	68	87.2	8	10.3	2	2.6	-	-	10	12.8
41 – 50	67	50	74.6	11	16.4	5	7.5	1	1.5	17	25.3
51 – 60	24	13	54.2	6	25	4	16.7	1	4.2	11	45.8
> 60	6	5	83.3	-	-	-	-	1	16.7	1	16.7
	200	159		27		11		3		41	

Table 2. Distribution According To Age of Marriage

Age at marriage	Number	Normal		SIL							
				LSIL		HSIL		Invasive CA		Total	
		No	%	No	%	No	%	No	%	No	%
15 – 19	107	82	76.6	15	14	8	7.5	2	1.9	25	23.4
20 – 24	78	64	82.1	10	12.8	3	3.8	1	1.3	14	17.9
25 – 29	13	11	84.6	2	15.4	-	-	-	-	2	15.4
30 – 34	2	2	100	-	-	-	-	-	-	-	-

Table 3. Distribution According to parity

Parity	Number	Normal		SIL							
				LSIL		HSIL		Invasive CA		Total	
		No	%	No	%	No	%	No	%	No	%
0	1	1	-	-	-	-	-	-	-	-	-
1	3	3	-	-	-	-	-	-	-	-	-
2	58	53	91.4	4	6.9	1	1.7	-	-	5	8.6
3	73	63	86.3	8	11	2	2.7	-	-	10	13.7
4	56	34	60.7	14	25	6	10.7	2	3.6	22	39.3
> 5	9	5	55.6	1	11.1	2	22.2	1	11.1	4	44.4
	200	159		27		11		3		41	

Table 4. Distribution of CIN according the complaints

Complaints	Number	Normal		SIL							
				LSIL		HSIL		Invasive CA		Total	
		No	%	No	%	No	%	No	%	No	%
White discharge	123	94	76.4	22	17.8	5	4	2	1.6	29	23.5
Abdominal Pain	36	33	91.7	3	8.3	-	-	-	-	3	8.3
Inter Menstrual Bleeding	8	7	87.5	-	-	1	12.5	-	-	1	12.5
Post coital bleeding	8	3	37.5	1	12.5	3	37.5	1	12.5	5	62.5
Post menopausal bleeding	7	5	71.4	-	-	2	28.6	-	-	2	28.6
Others	18	17	94.4	1	5.6	-	-	-	-	1	5.6

Table.5. Results of PAP smear

PAP smear	Number	%
Normal	14	7
Normal , cervicitis	156	78
LSIL	15	7.5
HSIL	6	3
ASCUS	7	3.5
Invasive Cancer	2	1
Total	200	200

Table .6.Colposcopic Findings

Colposcopy	NUMBER	%
normal	79	39.5
Erosion	45	22.5
AW areas	46	23
Punctation	11	5.5
Mosaic	7	3.5
Polyp	3	1.5
Unsatisfactory	9	4.5
Total	200	100

Table 7.Acetic acid application:

Change in TZ	No	CIN	%
AW areas	46	22	47.8
Mosaic	7	7	100
Punctuation	11	9	81.6

Table 8.Iodine application

Iodine change	No	CIN	%
Positive	85	1	1.2
Partial positive	71	11	15.4
Negative	44	29	65.9

Table 9.Histopathology

HPE	Number	No
Normal , cervicitis, polyp	159	79.5
LSIL	27	13.5
HSIL	11	5.5
Invasive Cancer	3	1.5
Total	200	100

Table 10.Correlation of Colposcopy with Histopathology

Colposcopy	NUMBER	NORMAL		LSIL		HSIL		CA		TOTAL	
		No.	%	No.	%	No.	%	No.	%	No.	%
		Normal	79	77	97.4	2	2.5	0	0	0	0
Erosion	45	44	97.7	1		0	0	0	0	1	2.2
AW areas	46	24	52.2	16	34.7	4	8.7	2	4.3	22	47.8
Punctuation	11	2	18.2	5	45.5	4	36.4	0	0	9	81.8
Mosaic	7	-	-	3	42.9	3	42.9	1	14.3	7	100
Polyp	3	3	-	-	-	-	-	-	-	-	-
Unsatisfactory	9	9	-	-	-	-	-	-	-	-	-

Table 9.Correlation of cytology with Histopathology

PAP	Number	%	Normal		abnormal							
					LSIL		HSIL		CA		TOTAL	
			No.	%	No.	%	No.	%	No.	%	No.	%
Normal Smear	14	7	11	78.6	3	21.4	-	-	-	-	3	21.4
Inflammatory Smear	156	78	138	88.5	14	9	4	2.6	-	-	18	11.5
ASCUS	7	3.5	4	57.1	1	14.3	2	28.6	-	-	3	42.9
LSIL	15	7.5	5	33.3	9	60	1	6.7	-	-	10	66.7
HSIL	6	3	1	16.7	-	-	4	66.7	1	16.7	5	83.3
CA	2	1.0	-	-	-	-	-	-	2	100	2	100
	200	100	159		27		11		3			

Table 10.Colposcopy

Results	HPE			Sensitivity	Specificity	PPV	NPV
	pos	Neg	total				
	colposcopy	Pos	38				
	Neg	3	133	136			97.8%
	total	41	159	200			

Table 11.PAP Smear

Results	HPE			Sensitivity	Specificity	PPV	NPV
	pos	Neg	total				
	PAP	Pos	20				
	Neg	21	149	170			87.6%
	total	41	159	200			

Table 12.HPV DNA testing

HPV	Neg	HPV 16	HPV 18	others
Normal/cervicitis	26	6	1	0
LSIL	2	15	4	2
HSIL	1	4	6	0
Inv CA	-	1	2	0

Table 13.Correlation between PAP and HPV DNA test with HPE

	Normal/inflammatory	SIL/CA
Cytology positive HPV DNA positive	3	17
Cytology positive HPV Negative	6	3
Cytology negative HPV Positive	4	17
Cytology negative HPV Negative	20	0

Table 14.Comparison of PAP smear, Colposcopy, HPV DNA test, PAP and HPV DNA test

TEST	PAP smear	Colposcopy	HPV DNA testing	PAP and HPV test
Sensitivity	48.8%	92.7%	91.8%	100%
Specificity	93.7%	83.6%	78.8%	60.2%
Positive predictive value	66.7%	59.4%	82.5%	74%
Negative predictive value	87.6%	97.8%	89.9%	100%

VII. Conclusion

Screening for cervical cancer remains an important health and economic concern in the throughout the world. All cervical cancer screening programs share challenges in their efforts to educate women about disease prevention and to persuade women to accept screening.

The Pap smear though has been the basis for screening for cervical cancer, has a low sensitivity and a high false negative rates. Colposcopy has a higher sensitivity than PAP smear .It excellent tool in evaluating cervical lesions. The results of colposcopy are immediate and its importance lies in the diagnosis and management of cervical lesions with use of colposcopy.

HPV DNA testing has a higher sensitivity and negative predictive value than PAP smear and it's not influenced by the inflammatory lesion of the vagina. When combined PAP smear with HPV DNA test, sensitivity and negative predictive value are high. The currently available HPV DNA tests are too expensive and technologically demanding for widespread use, even though their potential for identifying high-grade dysplasia. Hence wherever feasible and affordable HPV DNA test and PAP smear can be combined for better sensitivity. HPV DNA test, due to its high negative predictive value, is used in triage of women with borderline cytology.

Incorporating HPV DNA testing into cervical cancer prevention activities may have to wait for the development of HPV tests that are less expensive than existing options, and easier to use in non-laboratory settings. For the present day, Colposcopy proves to be indispensable method in detecting, evaluating and managing cervical lesion,as long as their limitations are borne in mind.

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